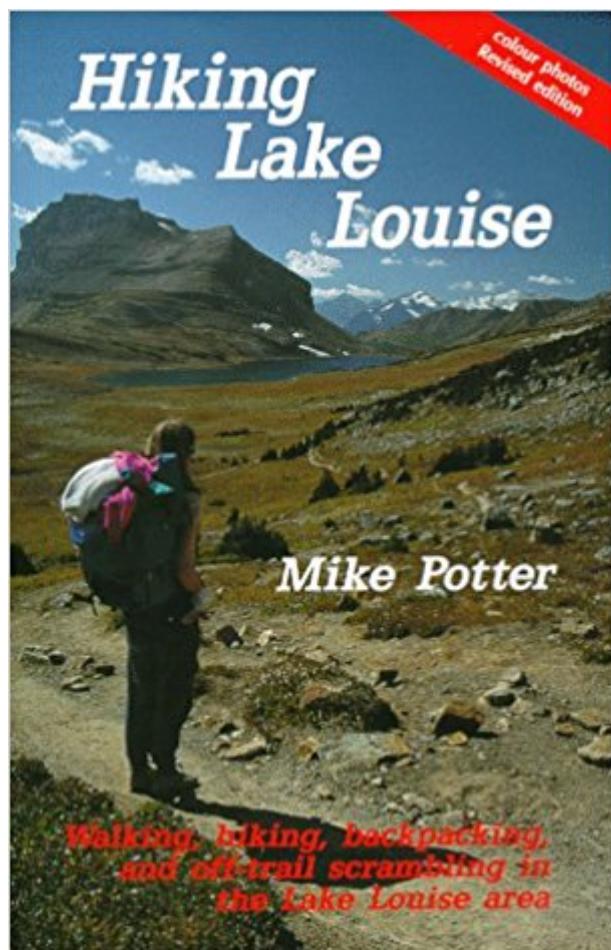


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# Hiking Lake Louise



## **Synopsis**

Hiking guidebook for Lake Louise area of Banff National Park, Alberta (Canadian Rockies): companion to "Backcountry Banff"

## **Book Information**

Paperback: 144 pages

Publisher: Luminous Compositions Ltd.; Revised Edition edition (April 1, 1999)

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## **Customer Reviews**

The first portion of the book gives a lot of helpful information that is necessary for anyone thinking of hiking in the Canadian Rockies--from the gear needed for the hike to the precautions that need to be taken with hazards related to hiking. The author does an excellent job of linking each hike in a particular area to the next one, so that a hiker could possibly continue on right into the next degree of difficulty--if one were so inclined, or had enough time and preparation. Each hike is covered in very good detail, including: distance one way, degree of difficulty, elevation change, highest elevation reached on the hike, and location of the trailhead. Many beautiful colored and black & white photos were also included. The one thing that I thought was a little bit lacking was the detail of the maps. Several hikes in each area were included on the same map, and sometimes it got somewhat cluttered looking on the map. Overall I would highly recommend this book to anyone who was just a beginner or to those who wanted to strike out on the next degree of difficulty--all the way up to scaling some of the taller peaks in the Lake Louise area.

Three stars on the trail, but four stars when sorting through your photos. The author's photos and text precisely indicate what's what surrounding Lake Louise. My original feelings about the book as a hiking guide remain, as slightly edited: This book is compact because it is limited to general hiking

advice and the trails in this one region. The trail descriptions are very similar in format to those in the Canadian Rockies Trail Guide, which is just as comprehensive, but also a larger book because it covers more regions. If you rely on this book, read the trail descriptions carefully to see which ones involve a "scramble." I thought that too much was left unsaid about what skills are needed for any given scramble, and about whether you'd risk damaging sensitive areas by going off the trail. Maybe the author made a point of including only scrambles that wouldn't be damaging, but I'd have liked him to be clearer about that.

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